



*April 24 - 26, 2009*

**BASIC SKILLS  
SPECIAL OLYMPIANS**

*Hosted by  
The Dallas Figure Skating Club*

*Grapevine Ice House LLC  
3000 Grapevine Mills Parkway Suite 613.  
Grapevine, TX 76051*



***This is a 2009 Dallas Tri-Swizzle Series Event***

*Basic Skill skaters accumulate points from their placement and group size  
Qualifying Events: 2008 Bunny Hop Open, 2009 Skate Dallas and 2009 June Bug Open  
Available BASIC PROGRAM EVENTS in SNOWFLOW SAM – BASIC 8 and  
FREE SKATE EVENTS in FREESKATE 1-6.  
Champions Announced July 1, 2009*



Sanctioned By US Figure Skating

# 2009 SKATE DALLAS

April 24-26, 2009

Hosted by the Dallas Figure Skating Club [www.dallasfsc.org](http://www.dallasfsc.org)

Grapevine Ice House LLC  
**3000 Grapevine Mills Parkway Suite 613**  
**Grapevine, TX 76051**

**EVENTS INCLUDE:** BASIC ELEMENTS, COMPULSORY ELEMENTS, BASIC PROGRAM, FREESKATE EVENTS, SHOWCASE EVENTS

**ELIGIBILITY RULES FOR PARTICIPATION:** The competition is open to ALL skaters who are currently eligible (ER 1.00) members of either the Basic Skills Program and /or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program / Club or any other Basic Skills Program / Club.

Eligibility will be based on skill level as of March 3, 2009. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and **NO** official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Freeskate 1-6 eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the competition.

**Please note:** If a skater competes at a non-qualifying competition in a "Beginner or No Test" category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition.

The Special Olympics portion of this competition will be conducted in accordance with the 2008 Official U.S. Figure Skating Rule Book, the 1994 – 1998 Special Olympics Winter Sports Rules, and the rules given in this announcement. The Special Olympian Competition is open to skaters 8 years or older who are receiving group or private instruction. Skaters must be registered as Special Olympians through the Special Olympics office.

All events will be judged using the 6.0 system

**FACILITY:** Grapevine Ice House LLC (formerly Polar Ice Starcenter) is located in Grapevine, Texas at 3000 Grapevine Mills Parkway, Suite 613, Grapevine, TX 76051. Both ice surfaces are 200' x 85' with rounded corners. Grapevine Ice House LLC is considered a cold rink, be sure to bring warm clothing.

## **HOTEL ACCOMMODATIONS:**

### **Host Hotel:**

#### **Hyatt Place - Grapevine**

2220 West Grapevine Mills Circle

Grapevine, TX 76051

(972) 691-1199

**Rate:** \$119 Single Suite or Double Suite (excluding taxes) when you reference "Skate Dallas". Cut-off date April 2, 2009.

**Complimentary shuttle service:** 24-Hour availability between DFW airport and the host hotel, plus to the Grapevine Mills Mall and various restaurants within a four mile radius. The rink is located .3 miles away in Grapevine Mills Mall.

**Directions from DFW Airport to the Hyatt Place - Grapevine:** Take North airport exit, to Route 121 North. Exit Bass Pro Drive, turn left at the stop light. Turn right at the second light onto TX 26 East. Turn left at the next stop light onto Grapevine Mills Blvd. South. The hotel is on the left just passed the first stop light.

**ENTRIES MUST BE POSTMARKED BY MARCH 3, 2009**

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**Additional Hotels:**

**Residence Inn by Marriott**

2020 State Highway 26 East  
Grapevine, TX 76051  
(972) 539-8989

**Rate:** \$119 Single Suite or Double Suite (excluding taxes) when you reference "Skate Dallas". Cut-off date March 23, 2009.

**Homewood Suites by Hilton**

2214 Grapevine Mills Circle West  
Grapevine, Texas, 76051  
972-691-2427

**Rate:** \$129 King Studio Suite or One Bedroom Queen (excluding taxes) or \$179 Two Bedroom Queen (excluding taxes) when you reference "Skate Dallas". Cut-off date March 24, 2009

**Springhill Suites by Marriott**

2240 Grapevine Mills Circle West  
Grapevine, Texas, 76051  
972-724-5500

**Rate:** \$104 Suite or Double Suite (excluding taxes) when you reference "Skate Dallas". Cut-off date March 24, 2009.

**ENTRY FEES / DEADLINE:** The entry fee for the first Basic Skills event is \$50, Each additional event is \$10. Checks should be made payable to the Dallas Figure Skating Club and mailed with the entry form. Entries must be postmarked no later than March 3, 2009. A \$20.00 late fee, if accepted by the competition committee, must accompany late entries. **No refunds will be granted for any reason (including medical) except for events eliminated by the LOC.** There will be a \$25.00 fee for checks returned for non-sufficient funds. **There will be a \$15.00 fee for change of each event or level after March 3, 2009.** Mail completed form, with fee to:

**Ginny Warren, Skate Dallas 2009, 2806 Springbranch Court, Grapevine, TX. 76051.**

**AWARDS AND GROUPS:** All divisions will be divided by age into groups no larger than six skaters. Medals will be presented for first, second, and third place finishes. Ribbon award will be presented to 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> place finishes. Awards will be presented at the photographer's stand immediately following each event. All skaters in each group will be included in the award photo. All events will be final rounds.

**REGISTRATION:** Competition events will be held Sunday April 26 2009. Practice ice is scheduled to start at least one hour prior to the start of the events. The registration desk is located in the lobby at the Skate Rental desk in the Grapevine Ice House LLC. It will open 45 minutes prior to the first practice ice session.

**MUSIC:** Music will be played from CDs **ONLY. DO NOT USE CD-RW MATERIALS!** There should be a separate CD for **EACH** competitive program. CDs with multiple tracks **will NOT** be accepted. CDs should be clearly marked with the skater's name and event. Duplicate copies must be readily available during the competitive event. CDs should be in an envelope (not a case). While all possible care will be taken, the LOC assumes no responsibility or liability due to lost, damaged or unclaimed music sources. Music media **will NOT** be forwarded to final rounds, the skater must reregister for final rounds. CD's may be picked up at the registration table immediately following each event. Any music not picked up by the end of the competition will be disposed of.

**\*\*No skater may register without submitting their music\*\***

A tentative schedule of events and practice times will be posted on the Dallas Figure Skating Club website ([www.dallasfsc.org](http://www.dallasfsc.org)) and at the rink. Please be sure to watch for it.

**ALL FORMS NOT COMPLETED FULLY OR LEGIBLY WILL BE RETURNED WITHOUT PROCESSING!!**

**ENTRIES MUST BE POSTMARKED BY MARCH 3, 2009**

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**PHOTOGRAPHY/VIDEO:** Video Service and awards photos will be made available by *Local Motion Productions of Colorado*. The competition committee reserves the right to restrict personal video taping to your skater only. Personal cameras will be permitted in the bleachers only and may not be plugged into arena outlets. Video taping for personal profit is not allowed.

**PRACTICE ICE:** Each skater may purchase one practice ice session. Practice ice will be scheduled according to the event schedule. Skaters will be divided into groups as necessary. Sessions are \$12.00 each for 20 minutes (no music).

**OFFICIAL NOTICES:** An official bulletin area will be maintained at the Grapevine Ice House LLC. Competitors and coaches are responsible for periodically checking the area for schedule changes and special announcements. Competitors should arrive at the arena 45 minutes prior to their scheduled event time.

**PROGRAM ADVERTISEMENTS:** Please see enclosed form for placing advertisements in the Skate Dallas 2009 program. Treat your favorite skater or coach to a special recognition.

**GARMENTS AND SOUVENIRS:** Please pre-order your Official 2009 Skate Dallas Souvenirs by completing the form in this announcement.

Since this is the second qualifying event in the *2009 Dallas Tri-Swizzle Series*, you may also pre-order your Official Souvenirs by completing the form in this announcement.

**(Limited Official Tri-Swizzle Series Logo merchandise will be available at the competition).**

**FLOWERS:** Will be available for purchase at the competition. Be sure to order / purchase for podium photos.

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**COMPETITION EVENTS:**  
**BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8**

Required **elements must to be skated in order listed** for Snow Plow through Basic 8 on half-ice without music. Each skater will have the option to perform one element at a time in a simple program format (no excessive connecting steps). Duration: 1:00 max. Deductions will be made for additional elements.

<b>Snow Plow</b>	<b>BASIC 5</b>
<ol style="list-style-type: none"> <li>1. March followed by a two-foot glide &amp; dip,</li> <li>2. Forward two-foot swizzles 2-3 in a row,</li> <li>3. Forward Snowplow Stop,</li> <li>4. Backward wiggles 2-6 in a row.</li> </ol>	<ol style="list-style-type: none"> <li>1. Backward outside edge on a circle – c-wise or cc-wise,</li> <li>2. Backward crossovers 6-8 consecutive – both directions,</li> <li>3. One foot spin – min 3 revolutions,</li> <li>4. Hockey stop.</li> <li>5. Side toe hop – either direction.</li> </ol>
<b>BASIC 1</b>	<b>BASIC 6</b>
<ol style="list-style-type: none"> <li>1. Forward two-foot glide,</li> <li>2. Forward two-foot swizzles - 6-8 in a row,</li> <li>3. Forward snowplow stop.</li> <li>4. Backward wiggles 6-8 in a row.</li> </ol>	<ol style="list-style-type: none"> <li>1. Forward inside 3-turn – R &amp; L from a standstill</li> <li>2. Bunny Hop,</li> <li>3. Forward arabesque (spiral) on a straight line – R or L,</li> <li>4. Lunge R or L,</li> <li>5. T-stop – R or L.</li> </ol>
<b>BASIC 2</b>	<b>BASIC 7</b>
<ol style="list-style-type: none"> <li>1. Forward one-foot glide – either foot,</li> <li>2. Forward alternating swizzle pumps ½ swizzle pumps in a straight line across width of ice,</li> <li>3. Two-foot turn in place – forward to backward,</li> <li>4. Backward two-foot swizzles - 6-8 in a row,</li> <li>5. Moving snowplow stop.</li> </ol>	<ol style="list-style-type: none"> <li>1. Forward inside open Mohawk, R to L and L to R,</li> <li>2. Ballet jump either direction,</li> <li>3. Backward crossovers to backward outside edge landing position – c-wise or cc-wise,</li> <li>4. Forward inside pivot.</li> </ol>
<b>BASIC 3</b>	<b>BASIC 8</b>
<ol style="list-style-type: none"> <li>1. Forward stroking,</li> <li>2. Forward ½ swizzle pumps on a circle, either direction 6-8 in a row,</li> <li>3. Moving forward to backward two-foot turn – either direction,</li> <li>4. Backward one-foot glide – either foot,</li> <li>5. Two-foot spin, minimum 2 revolutions.</li> </ol>	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside 3-turns – R and L,</li> <li>2. Waltz jump,</li> <li>3. Mazurka, either direction,</li> <li>4. Combination move c-wise or cc-wise (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge),</li> <li>5. Beginning one-foot upright spin, optional free foot position.</li> </ol>
<b>BASIC 4</b>	
<ol style="list-style-type: none"> <li>1. Forward outside 3-turn – R &amp; L,</li> <li>2. Forward outside edge on a circle, c-wise or cc-wise,</li> <li>3. Forward crossovers 6-8 consecutive, both directions.</li> <li>4. Backward stroking,</li> <li>5. Backward snowplow stop – R or L.</li> </ol>	

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**COMPULSORY ELEMENTS: FREESKATE 1 - 6**

Free Skate levels 1-6 required elements may be skated in any order, skated in a program form using limited connecting steps. The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. A .2 deduction will be taken for each element performed from a higher level Note: Deductions will be made if elements from a higher level are skated. No music. Skated on half-ice. Time: 1:00 or less.

<p><b>Free Skate 1 Compulsory</b></p> <ol style="list-style-type: none"> <li>1. Advanced forward stroking 4-6 consecutive,</li> <li>2. Basic forward outside and forward inside consecutive edges – 2-4 outside edges, 2-4 inside edges,</li> <li>3. Scratch spin from backward crossovers,</li> <li>4. Waltz jump from backward crossovers,</li> <li>5. Half flip jump.</li> </ol>	<p><b>Free Skate 4 Compulsory</b></p> <ol style="list-style-type: none"> <li>1. Spiral sequence, forward inside spiral, forward inside Mohawk, backward outside spiral c-wise or cc-wise,</li> <li>2. Forward power 3's – 2-3 consecutive sets – R or L,</li> <li>3. Sit spin,</li> <li>4. Loop jump,</li> <li>5. Waltz jump/loop jump combination.</li> </ol>
<p><b>Free Skate 2 Compulsory</b></p> <ol style="list-style-type: none"> <li>1. Forward outside spiral – R or L and forward inside spiral – R or L,</li> <li>2. Waltz-3's – R or L,</li> <li>3. Beginning back spin – entry optional,</li> <li>4. Waltz jump, side toe hop, waltz jump series combination,</li> <li>5. Toe loop jump.</li> </ol>	<p><b>Free Skate 5 Compulsory</b></p> <ol style="list-style-type: none"> <li>1. Spiral sequence, forward outside spiral, forward outside 3-turn, one backward crossover, backward inside spiral,</li> <li>2. Camel spin,</li> <li>3. Forward upright spin to back upright spin,</li> <li>4. Loop/loop jump combination,</li> <li>5. Flip jump.</li> </ol>
<p><b>Free Skate 3 Compulsory</b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8,</li> <li>2. Advanced forward outside swing rolls 4-6 consecutive,</li> <li>3. Back spin,</li> <li>4. Salchow jump,</li> <li>5. Waltz jump/toe loop or Salchow/toe loop combination.</li> </ol>	<p><b>Free Skate 6 Compulsory</b></p> <ol style="list-style-type: none"> <li>1. Five step Mohawk sequence – 1 set alternating pattern,</li> <li>2. Camel/sit spin combination min 4 revs total,</li> <li>3. Split jump or stag jump,</li> <li>4. Waltz jump, ½ loop, Salchow combination,</li> <li>5. Lutz jump.</li> </ol>

**BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8**

Skating order of the required elements is optional. Minimum number of connecting steps allowed. Elements are not restricted as to number of times elements are executed, length of glides or number of turns in spins unless otherwise stated. Program is to be skated on full ice with music. Vocal music is allowed. Use of elements from a previous level is allowed. A .2 deduction will be taken for each element performed from a higher level. Groups will be divided by age within each category depending on number of competitors. Duration: 1 minute +/- 10 seconds.

<p><b><u>Snowplow Sam - TOTS:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip,</li> <li>2. Forward two foot swizzles 2-3-in a row,</li> <li>3. Backward wiggles 2-6 in a row,</li> <li>4. Forward snowplow stop.</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle - clockwise or counterclockwise,</li> <li>2. Backward crossovers 6-8 consecutive - both directions,</li> <li>3. One foot spin - min of three revolutions,</li> <li>4. Side Toe hop -either direction,</li> <li>5. Hockey stop.</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide,</li> <li>2. Forward two foot swizzles - 6 -8 in a row,</li> <li>3. Backward wiggles 6-8 in a row,</li> <li>4. Forward snowplow stop.</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. 3 - turn from a standstill - R &amp; L</li> <li>2. Bunny Hop,</li> <li>3. Forward arabesque spiral on a straight line R or L,</li> <li>4. Lunge - R or L,</li> <li>5. T-stop - R or L.</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot,</li> <li>2. Two foot turn in place - forward to backward,</li> <li>3. Backward two foot swizzles - 6 - 8 in a row,</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line -across width of ice,</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R,</li> <li>2. Ballet Jump either direction,</li> <li>3. Back crossovers to a back outside edge landing position - clockwise and counter clockwise,</li> <li>4. Forward inside pivot.</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking,</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive,</li> <li>3. Moving forward to backward two foot turn - either direction,</li> <li>4. Backward one foot glide - either foot,</li> <li>5. Two foot spin.</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside 3 turns R and L,</li> <li>2. Waltz jump,</li> <li>3. Mazurka - either direction,</li> <li>4. Combination move - clockwise or counter clockwise – (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge),</li> <li>4. Beginning one-foot upright spin, optional free foot position.</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise,</li> <li>2. Forward crossovers 6-8 consecutive both directions,</li> <li>3. Forward outside 3-turn - R and L, from a standstill</li> <li>4. Backward stroking,</li> <li>5. Backward snowplow stop - R or L.</li> </ol>	

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## FREE SKATE EVENT: FREESKATE 1-6

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Program to be skated on full ice with music. Vocal music is not allowed. A .2 deduction will be made if elements from a higher level are skated. The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. Groups will be divided by age within each category depending on number of competitors. Program must contain all of the required elements listed and will be judged on technical merit and presentation. Duration: 1:30 +/- 10 seconds.

<b>Free Skate 1</b> 1. Advanced forward stroking – 4-6 strokes, 2. Forward outside or inside consecutive edges 2-4, 3. Scratch spin from back crossovers, 4. Waltz jump from back crossovers, 5. Half-flip jump.	<b>Free Skate 4</b> 1. Spiral sequence: FI spiral, FI Mohawk, BO spiral - R or L, 2. Forward power 3's – 2-3 consecutive – R or L, 3. Sit spin, 4. Loop jump, 5. Waltz jump/loop jump.
<b>Free Skate 2</b> 1. Forward outside arabesque (spiral) – R or L, 2. Waltz 3's – R or L, 3. Beginning backspin, 4. Waltz-jump, side toe hop, waltz jump, 5. Toe loop.	<b>Free Skate 5</b> 1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover, Backward inside spiral – R or L, 2. Camel spin, 3. Forward upright spin to backward upright spin, Loop/loop combination jump, 4. Flip jump.
<b>Free Skate 3</b> 1. Forward crossovers in a figure 8, 2. Advanced forward outside swing rolls – 4-6, 3. Back spin, 4. Salchow, 5. Waltz jump/toe loop or Salchow/toe loop.	<b>Free Skate 6</b> 1. 5 step Mohawk sequence – 1 set alternating patterns, 2. Camel/sit spin combination – minimum 4 revolutions total, 3. Split or stag jump, 4. Waltz jump/1/2 loop/Salchow combination, 5. Lutz jump.

## SHOWCASE EVENTS

See test requirements. This event is like a show. This means the program should be entertaining, imaginative and creative. Above all, choreography must reflect and interpret the music.

ITEM	REQUIREMENTS
<b>Time</b>	Duration: 1:30 max for Freeskiate 1 – 6
<b>Music</b>	Theme of skater's choice. Vocal music <u>is</u> permitted.
<b>Costumes</b>	Costumes should compliment music.
<b>Props</b>	Hand props <u>are</u> permitted, but must <b>not</b> touch the ice. They may be placed on or against the railing or handed to another person. <u>No</u> live props (pets, animals, etc.).
<b>Judging</b>	Judging to emphasize interpretation and entertainment value rather than technical skills.
<b>Other</b>	Skaters will be grouped by age and level as closely as possible. Boys and girls may be in combined events.

**ENTRIES MUST BE POSTMARKED BY MARCH 3, 2009**

## SPECIAL OLYMPIAN COMPETITION EVENTS

### SPECIAL OLYMPIAN FREESKATE

LEVEL	REQUIREMENTS	TIME
Level 1	Program as per Special Olympic level one requirements.	1 min
Level 2	Program as per Special Olympic level two requirements.	1½ min
Level 3	Program as per Special Olympic level three requirements.	2 min
Level 4	Program as per Special Olympic level four requirements.	2 min
Level 5	Program as per Special Olympic level five requirements.	2½ min
Level 6	Program as per Special Olympic level six requirements.	2 ½ min

### SPECIAL OLYMPIAN COMPULSORY MOVES

Compulsory events will be conducted in accordance to the rules specified in the Special Olympics Winter Sports Rules 2003-2006.

LEVEL	REQUIRED ELEMENTS
Level 1	1) Forward swizzles for a distance of 10 meters; 2) Backward swizzles for a distance of 10 meters. 3) One-foot snowplow stop.
Level 2	1) Forward stroking; 2) Forward to backward turn; 3) Backward stroking; 4) Backward to forward turn; 5) Forward stroking; 6) T-Stop; 7) Forward crossovers around the hockey circles in figure eight pattern clockwise and counter clockwise.
Level 3	1) Forward outside edges and forward inside edges; 2) Forward outside three-turn on the right foot and forward outside three-turn on the left foot; 3) right forward inside edge to left backward inside edge open Mohawk and left forward inside edge to right backward inside open Mohawk.
Level 4	1) Back outside edges and Backward inside edges; 2) Forward crossovers, inside Mohawk, backward crossover, step forward on inside edge to the inside of the circle, repeated two times, performed left and right; 3) Waltz three step sequence.
Level 5	1) LBO 3-LF1 Mohawk (repeat); 2) RBO 3-RF1 Mohawk (repeat); 3) RFOI change edge - LFI 3; 4) RFIO change edge - LFO 3; 5) LFOI change edge - RFI 3; 6) LFIO change edge - RFO 3
Level 6	1) Forward cross-strokes (entire length of rink) and backward cross-strokes entire length of rink; 2) Brackets RFO-LBI bracket, stop, LFO-RBI brackets RFI-LBO bracket, stop, LRI-RBO bracket.

### SPECIAL OLYMPIAN ARTISTIC

All Artistic events are performed with music (vocal music allowed) on full ice surface. Costumes may be of any type as long as they fit the music and are not a safety hazard. Props, if used, must be hand held at all times. Judging will be based on entertainment value as well as on originality, creativity, musical interpretation and artistic expression. No props allowed during warm-up.

LEVEL	REQUIREMENTS	TIME
Level 1	Program as per Special Olympic level one requirements.	1 min
Level 2	Program as per Special Olympic level two requirements.	1 min
Level 3	Program as per Special Olympic level three requirements.	1 min
Level 4	Program as per Special Olympic level four requirements.	1½ min
Level 5	Program as per Special Olympic level five requirements.	1½ min
Level 6	Program as per Special Olympic level six requirements.	1½ min

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### **SPECIAL OLYMPIAN PAIR FREE SKATING**

All pair skate events are performed on full ice surface. Vocal music is not allowed. Teams shall consist of two Special Olympic Athletes, 1 male and 1 female, 2 males or 2 females.

<b>LEVEL</b>	<b>REQUIREMENTS</b>	<b>TIME</b>
Level 1	Program as per Special Olympic level one requirements.	1 min
Level 2	Program as per Special Olympic level two requirements.	2 min

### **SPECIAL OLYMPIAN ICE DANCING – SOLO COMPULSORY DANCE**

All solo ice dances events are performed on full ice surface. Ice dances will be skated solo.

<b>LEVEL</b>	<b>REQUIREMENTS</b>
Level 1	Canasta Tango - 2 patterns or one time around the ice surface.
Level 2	Cha Cha - 2 patterns or one time around the ice surface.
Level 3	Hickory Hoedown - 2 patterns or one time around the ice surface.
Level 4	Fourteen Step - 2 patterns or one time around the ice surface.

**ENTRIES MUST BE POSTMARKED BY MARCH 3, 2009**

## SPECIAL OLYMPICS BADGE PROGRAM

The Special Olympics Sports Skills program is designed for Special Olympics athletes starting to learn figure skating. The Special Olympics Figure Skating Badge Program allows athletes to learn skills in a progressive order and earn badges at each level. Athletes who complete the Special Olympics Badge Program will be prepared to move into the existing badge program at local rinks. Skaters will have two opportunities to perform each skill, and may perform it once or twice. The *better* of the two attempts will be judged.

<b>Badge 1</b> A. Stand unassisted for 5 seconds, B. Fall and stand up unassisted, C. Knee dip standing still unassisted, D. March forward 10 steps assisted.	<b>Badge 7</b> A. Backward stroking across the rink, B. Gliding backward to forward 2-foot turn, C. T-stop left or right, D. Forward 2-foot turn on a circle: L & R.
<b>Badge 2</b> A. March forward 10 steps unassisted, B. Swizzles, standing still: 3 repetitions, C. Backward wiggle or march assisted, D. 2-foot glide forward for distance of at least length of body.	<b>Badge 8</b> A. 5 consecutive forward crossovers: L & R, B. Forward outside edge: L & R, C. 5 consecutive backward ½ swizzles on a circle: L & R.
<b>Badge 3</b> A. Backward wiggle or march, B. 5 forward swizzles covering at least 10 feet, C. Forward skating across the rink, D. Forward gliding dip covering at least length of body: L & R.	<b>Badge 9</b> A. Forward outside 3-turn: L & R, B. Forward inside edge: L & R, C. Forward lunge or shoot the duck at any depth, D. Bunny hop.
<b>Badge 4</b> A. Backward two-foot glide covering at least length of body, B. 2-foot jump in place, C. 1-foot snowplow stop: L & R, D. Forward 1-foot glide covering at least length of body: L & R.	<b>Badge 10</b> A. Forward inside 3-turn: L & R, B. 5 consecutive backward crossovers: L & R, C. Hockey stop, D. Forward spiral 3 times length of body.
<b>Badge 5</b> A. Forward stroking across rink, B. 5 backward swizzles covering at least 10 feet, C. Forward 2-foot curves left and right across rink, D. 2-foot curves left and right across rink.	<b>Badge 11</b> A. Consecutive forward outside edges: minimum 2 on each foot, B. Consecutive forward inside edges: minimum 2 on each foot, C. Forward inside Mohawk: L & R, D. Consecutive backward outside edges: minimum 2 on each foot, E. Consecutive backward inside edges: minimum 2 on each foot.
<b>Badge 6</b> A. Gliding forward to backward 2-foot turn, B. 5 consecutive forward 1-foot swizzles on circle: L & R, C. Backward 1-foot glide length of body: L & R, D. Forward pivot.	<b>Badge 12</b> A. Waltz jump, B. 1-foot spin: Minimum of 3 revolutions C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise, D. Combination of three moves chosen from badges 9-12.

**ENTRIES MUST BE POSTMARKED BY MARCH 3, 2009**



**2009 SKATE DALLAS – ENTRY FORM**

Basic Skills skaters must be members of US Figure Skating or enrolled in a US Figure Skating Learn to Skate Program. If you are not currently a member or enrolled in a relevant program, please enclose a \$15 membership fee to be enrolled in the host club's Basic Skills program through US Figure Skating.

Name \_\_\_\_\_ USFSA # \_\_\_\_\_ Home Club \_\_\_\_\_  
Last First

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_ Email Address \_\_\_\_\_

Area Code/Telephone# \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Highest Level Passed: \_\_\_\_\_ Last Test Passed: \_\_\_\_\_

Coach's Name(s) \_\_\_\_\_ Telephone#(s) ( ) \_\_\_\_\_ Email \_\_\_\_\_

Partner (s) \_\_\_\_\_

*Please circle the event(s) you wish to enter: **ENTRIES MUST BE POSTMARKED BY MARCH 3, 2009***

**For more information, call Karen Smith at (972) 841-9467 after 6:00PM.**

<u>Elements</u>	<u>BasicProgram</u>	<u>Compulsory</u>	<u>Freeskate</u>	<u>Showcase</u>
Snowplow Sam	Snowplow Sam	Freeskate 1	Freeskate 1	Freeskate 1
Basic 1	Basic 1	Freeskate 2	Freeskate 2	Freeskate 2
Basic 2	Basic 2	Freeskate 3	Freeskate 3	Freeskate 3
Basic 3	Basic 3	Freeskate 4	Freeskate 4	Freeskate 4
Basic 4	Basic 4	Freeskate 5	Freeskate 5	Freeskate 5
Basic 5	Basic 5	Freeskate 6	Freeskate 6	Freeskate 6
Basic 6	Basic 6			
Basic 7	Basic 7			
Basic 8	Basic 8			

**FIRST EVENT** \$50 \_\_\_\_\_

**ADDITIONAL EVENTS** # x \$10 \_\_\_\_\_

**\$15 Fee if not current USFS Member** \_\_\_\_\_

**TOTAL FEE ENCLOSED** \_\_\_\_\_

*Make checks or money order payable to the "Dallas Figure Skating Club", and mail with completed entry form to:  
**Ginny Warren, Skate Dallas 2009, 2806 Springbranch Court, Grapevine, TX. 76051***

**ALL SIGNATURES MUST BE INCLUDED OR ENTRY WILL NOT BE ACCEPTED.** Entry must be postmarked no later than March 3, 2009. Metered mail is not acceptable as proof of postmark. There will be a \$25.00 fee for checks returned for non-sufficient funds. There will be a \$ 15.00 change fee for each change of each event or level after March 3, 2009. **ENTRY FEES ARE NOT REFUNDABLE AFTER THE DEADLINE UNLESS AN EVENT IS CANCELLED.** The undersigned approves this entry and agrees to hold harmless U.S. FIGURE SKATING, Dallas Figure Skating Club, all competition officials and Grapevine Ice House LLC from any loss, damage or injury that may occur from participating in this competition, in accordance with US Figure Skating Part Two Rule number 3222. Your signature on the entry form will indicate your acceptance of this stipulation.

\_\_\_\_\_  
 Competitor's Signature Parent or Guardian's Signature Date

**\*\*I certify that the above skater has entered the appropriate levels for his/her skating abilities\*\* \$15.00 fee for change of each event or level after March 3, 2009**

\_\_\_\_\_  
 Coach's Signature Date

**2009 SKATE DALLAS**  
**PRACTICE ICE REQUEST FORM**

Name \_\_\_\_\_ U.S. FIGURE SKATING # \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Area Code/Telephone # \_\_\_\_\_

Parent E-Mail \_\_\_\_\_ Parent Cell Phone # \_\_\_\_\_

Coach's Name(s) \_\_\_\_\_ Coach's E-Mail \_\_\_\_\_

**Reminder: Skaters must provide a second tape for use during official practice ice.**

**NOTE: ONLY ONE SESSION MAY BE PURCHASED PRIOR TO REGISTRATION. PLEASE DO NOT SEND MONEY FOR EXTRA SESSIONS.**

Please list all events and levels you have entered:

**EVENT**

**LEVEL**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Dance/Pair/Duet Partner's Name \_\_\_\_\_

**SESSIONS-\$12 EACH (20 minutes no music)**

**Total Amount Due**        \$ \_\_\_\_\_

**Official practice sessions are non-refundable.**

Complete form and make check or money order made payable to: **Skate Dallas 2009**

**Mail to: Chellie Bowden, Skate Dallas 2009, 2636 Stoneleigh Circle, Richardson, TX. 75080.**

**Questions:** [chelliebowden@sbcglobal.net](mailto:chelliebowden@sbcglobal.net)

**Metered mail is not accepted as proof of postmark. Postmark deadline March 3, 2009. Please include e-mail address if you wish to receive notification of practice ice times prior to arrival in Dallas.**

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**PRACTICE ICE SCHEDULE - OFFICIAL USE ONLY**

Date Received: \_\_\_\_\_

Check #: \_\_\_\_\_ Name on Check: \_\_\_\_\_

Amount Paid: \_\_\_\_\_ Balance Owed: \_\_\_\_\_ Refund Due: \_\_\_\_\_

**2009 SKATE DALLAS**  
**PROGRAM ADVERTISING CONTRACT**

Advertising rates are based on camera-ready copy, which is black on white, the exact size and shape of the ad. Advertiser agrees to pay the cost of any additional type set, or other reproductions charges if camera-ready copy is not provided. All photographs must be black and white glossy prints (no negatives). Advertising agency commission must be paid by the advertiser. The deadline for all ads is March 15, 2009. Please complete this contract and return with check or money order payable to Dallas Figure Skating Club to: Nan Yang 1916 Cresson Drive, Southlake, TX 76092. Electronic versions of photos or artwork may be sent to nanyang1993@yahoo.com.

Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Telephone \_\_\_\_\_

Size of Ad \_\_\_\_\_ Amt Enclosed \$ \_\_\_\_\_

**RATES AND SPECIFICATIONS**

Pre-Designed Personal Ad (choose from designs shown on the page)	\$20
Quarter Page	\$40
Half Page	\$80
Full Page	\$150
Inside Back Cover	\$175
Inside Front Cover	\$175
Outside Back Cover	\$200

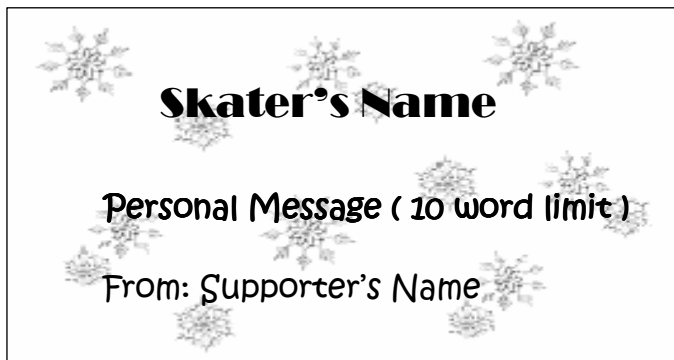
**Please submit one form per ad ordered (additional copies may be printed of this form).** Indicate the number of the ads you wish to use if you choose pre-designed personal Ad, print "To" and "From" names.

Advertisement # \_\_\_\_\_ "Skater's Name" \_\_\_\_\_

"From" Name(s) \_\_\_\_\_

Ad #1 (Personal Message. Sample: "Thank you to my coach – coach's name") Please print, 10 word limit

**Ad #1**



**Skater's Name**

Personal Message ( 10 word limit )

From: Supporter's Name

**Ad #2**



**Have Fun**

**Skater's Name**

From: Supporter's Name

**Ad #3**



**Skater's Name**

**We are so PROUD of you!**

From: Supporter's Name

**Ad #4**



**HAVE A GREAT SKATE!**

**Skater's Name**

From: Supporter's Name

**2009 SKATE DALLAS**  
**Official Competition Souvenir Pre-Order Form**  
( Limited Official Logo merchandise will be available at the competition )



**On the front - Official Logo**  
**On the back - All skaters names in the competition**

**Circle the size and color you are ordering:**

\$20 – Short Sleeve T-Shirt

Lt. Blue Lt Pink Ash

Youth: Small Medium Large

Adult: Small Medium Large

\$30 – Long Sleeve T-Shirt

Lt. Blue Lt Pink Ash

Youth: Small Medium Large

Adult: Small Medium Large

\$40 – Hooded Sweatshirt

Lt. Blue Lt Pink Ash

Youth: Small Medium Large

Adult: Small Medium Large

Name \_\_\_\_\_

Phone number \_\_\_\_\_

Amount Enclosed \_\_\_\_\_

Please make check payable to “ Dallas FSC “  
Mail By March 15, 2009 to: Dawn Perry, 5805 Youngworth Drive, Flower Mound, TX. 75028  
Questions? Email Dawn: [dkperry2@msn.com](mailto:dkperry2@msn.com)

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**OFFICIAL USE ONLY**

Date Received: \_\_\_\_\_

Check #: \_\_\_\_\_ Name on Check: \_\_\_\_\_

Amount Paid: \_\_\_\_\_ Balance Owed: \_\_\_\_\_ Refund Due: \_\_\_\_\_

2009

**“Dallas Tri-Swizzle Series”**

**Official Souvenir Pre-Order Form**

( Limited Official Logo merchandise will be available at the competition )



Basic Skills Skaters accumulate points based on their placement and group size

Qualifying Events:

2008 Bunny Hop Open

2009 Skate Dallas

2009 June Bug Open

Champion Announced July 1, 2009

Official Logo On the front

**Circle the size and color you are ordering:**

\$20 – Short Sleeve T-Shirt

Lt. Blue Lt Pink Ash

Youth: Small Medium Large

Adult: Small Medium Large

\$30 – Long Sleeve T-Shirt

Lt. Blue Lt Pink Ash

Youth: Small Medium Large

Adult: Small Medium Large

\$40 – Hooded Sweatshirt

Lt. Blue Lt Pink Ash

Youth: Small Medium Large

Adult: Small Medium Large

Name \_\_\_\_\_

Phone number \_\_\_\_\_

Amount Enclosed \_\_\_\_\_

Please make check payable to “Dallas FSC”

Mail By March 15, 2009 to: Dawn Perry, 5805 Youngworth Drive, Flower Mound, TX. 75028

Questions? Email Dawn: [dkperry2@msn.com](mailto:dkperry2@msn.com)

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**OFFICIAL USE ONLY**

Date Received: \_\_\_\_\_

Check #: \_\_\_\_\_ Name on Check: \_\_\_\_\_

Amount Paid: \_\_\_\_\_ Balance Owed: \_\_\_\_\_ Refund Due: \_\_\_\_\_