



April 19-22, 2012

**WELL-BALANCED PROGRAM
COMPETITIVE TEST TRACK**

Registration Due via Entryeze no later than March 1, 2012

Entry Page: [Skate Dallas 2012](#)

Payment via a secured credit card transaction

**Hosted by
The Dallas Figure Skating Club
Polar Ice House**

**3000 Grapevine Mills Parkway Suite 613
Grapevine, TX 76051**

Sanctioned by:



**2012 SKATE DALLAS
APRIL 19-22, 2012**

**WELL-BALANCED PROGRAM
COMPETITIVE TEST TRACK**

HOSTED BY
THE DALLAS FIGURE SKATING CLUB
WWW.DALLASFSC.ORG

POLAR ICE HOUSE
3000 GRAPEVINE MILLS PARKWAY SUITE 613
GRAPEVINE, TX 76051

EVENTS INCLUDE: WELL-BALANCED PROGRAM FREESKATE, SHORT PROGRAM, TEST TRACK FREE SKATE, PAIRS, COUPLES DANCE, COMPULSORY EVENTS, MIF, SPINS, JUMPS, ARTISTIC (SOLO & DUETS), SYNCHRONIZED TEAM, NATIONAL SOLO DANCE (PATTERN & FREE DANCE)

RULES/CONDUCT/ELIGIBILITY: Skate Dallas will be conducted in accordance with the rules and regulations of the U.S Figure Skating, as set forth in the 2012 Official U.S Figure Skating Rulebook, unless otherwise stated in this announcement. This competition is open to all eligible members of U.S Figure Skating in good standing in accordance with rule number 3060(a). Also, skaters from foreign countries who are members in good standing of their respected federations are eligible. Skaters may compete in events according to their test level as of March 1, 2012, or one level higher, unless otherwise stated in this announcement. No Test through Pre-Juvenile will be grouped by age. Juvenile and above will be randomly seeded. If entries warrant, a final round free skate will be held for Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior events.

Skate Dallas will be using the IJS system of judging to determine all combined event (SP/FS) results for Intermediate through Senior level skaters and Juvenile level skaters competing in singles and pairs. All other events, including Open and Test Track levels will be judged using the 6.0 system of judging. All Intermediate, Novice, Junior and Senior skaters should submit their Planned Program Content Form or Short and Free Skate Programs by March 1, 2012. Juvenile skaters should submit Planned Program Content Form for their Free Skate Program ONLY. The Planned Program Content Form must be entered on the USFSA website in order to be used. The form can be found in the "Members Only" section, <https://www.usfsonline.org>. Sign in to the "Members Only" site and select Online Event Reg., Event Manager, Program Content and then select Skate Dallas 2012. Changes will be accepted until 10 days prior to the competition. Program Content Forms turned in at the competition will not be accepted. Entries without the program content form will not be accepted. You should also expect additional time needed by accounting to process and post event results.

ENTRY FEES / DEADLINE: Entries will be limited, so get your entries in early. Online entries with secure credit card payment may be made at www.Dallasfsc.com. Electronic entries must be paid with a successful credit card transaction to be considered valid **and must be completed by midnight, March 1, 2012.** Late entries will be accepted at the discretion of the competition committee, and only if accompanied by a \$50.00 late fee. **No refunds, NOT EVEN FOR MEDICAL, will be made after March 1, 2012, unless no competition exists in that event.** There will be a \$25.00 change fee for each change of event or level after March 1, 2012. The competition committee reserves the right to limit entries or cancel events based on time restrictions. Full refunds, **minus the online processing fee**, are available if withdrawal is prior to March 1, 2012. **The online processing fee is not refundable for any reason.**

REGISTER on ENTRYEEZE NO LATER THAN MARCH 1, 2012

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ENTRY FEES / DEADLINE CONTINUED:

First Event: Free Skate Events: Competitive Test Track, Adult, No Test, Pre-Preliminary, Limited Pre-Preliminary, Preliminary, Pre-Juvenile, Open Pre-Juvenile, Open Juvenile, and Compulsories, Artistic, Spins, Jumps, National Solo Dance, National Free Dance, **Initial Entry \$87**

Pre-Juvenile Pairs **Initial Entry \$43.50 per person**

Couples Dance, Juvenile, & Intermediate Pairs **Initial Entry \$52.50 per person**

Juvenile Free Skate **Initial Entry \$105**

Intermediate, Novice, Junior, Senior Free Skate (includes Short Program) **Initial Entry \$130**

Novice, Junior, Senior Pairs (\$65.00 per person) **Initial Entry \$130**

Additional Singles/Solo Dance Events **Additional Entries \$25 per person**

Additional /Dance Couple Events **Additional Entries \$25 per person**

Synchronized Team **Entry fee \$100 per team plus \$5 per skater**

SCHEDULE: Every attempt will be made to schedule official practice ice beginning, Thursday, April 19, 2012, with events beginning Friday April 20, 2012. If the number of entries warrants, it may be necessary to begin official practice ice on Wednesday, April 18, with events beginning Thursday afternoon, April 19, 2012.

FACILITY: Polar Ice House is located in Grapevine, Texas, at 3000 Grapevine Mills Parkway, Suite 613, Grapevine, TX 76051. Both ice surfaces are 200' x 85' with rounded corners. **Polar Ice House is considered a cold rink, be sure to bring warm clothing.**

MUSIC: Music will be played from CDs **ONLY. DO NOT USE CD-RW MATERIALS!** There should be a separate music CD for **EACH** competitive program. Music CDs with multiple tracks **will NOT** be accepted. Compulsory dance music will be provided. Competitors must provide music for all other events. CDs must be clearly marked with competitor's name, event, and running time of music. **The official competition CD must be turned in at the Registration Desk at the time of registration. Skaters will not be allowed to register without submitting their music.** A duplicate music CD should be readily available at event time. CDs may be picked up at the Registration Desk following each event. Practice Ice music CDs, provided by the competitor, are to be turned in to the Ice Monitor just prior to competitor's official practice and picked-up from the Registration Desk following the practice session. The official competition music CD turned in at the Registration Desk is reserved for use during the event and **may not** be retrieved for Practice Ice use. Please keep adequate copies of your music CDs available.

REGISTRATION: The Registration Desk, located at the Polar Ice House, will be open from 1:00 p.m. to 8:00 p.m., Thursday, April 14, 2012. On the following days, the Registration Desk will be open at 8:00 a.m. The desk will remain open during most practice times and competition events. **Skaters must submit their official music CD at time of registration.**

PHOTOGRAPHY/VIDEO: Awards photos will be made available by *Rembrandt Photography*, action photos by Kevin Devine, and event videos by *EVC (Event Video Company)*. The competition committee reserves the right to restrict personal videotaping to your skater only. Personal cameras will be permitted in the bleachers only and may not be plugged into arena outlets. Videotaping for personal profit is not allowed.

PRACTICE ICE: Practice Ice may be chosen online for \$14.00 for each 30 (thirty) minute session. Exclusive Synchronized Team practice ice may be chosen online for \$75.00 for each 20 (twenty) minute session. **Pre-paid practice ice is non-refundable and may not be sold to other skaters.** Practice ice can only be purchased through Entryeze until the desk opens at the event.

AWARDS: Medals will be awarded to first, second, third and fourth place winners in all events. Ribbons will be awarded to fifth and sixth place winners. Trophies will be awarded to Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior final round winners if number of entries warrant and time permits for final rounds to be held. Synchro Teams will be grouped by Division if there are at least two teams entered in the same division, otherwise all teams will be considered an exhibition and will be given a critique (upon request). All awards will be presented off-ice at the photographer's stand following each event.

The **DEBBIE BLOUNT MEMORIAL TROPHY** will be awarded to the skater placing 1st in the Intermediate Ladies Final Round. This trophy is given in memory of Debbie Blount (Adult skater, mother of JN Competitor Gabbie Blount, and a dedicated Dallas FSC volunteer).

OFFICIAL NOTICES: An Official Bulletin area will be maintained at the Polar Ice House. Competitors and coaches are responsible for periodically checking the area for schedule changes and special announcements. Competitors should arrive at the arena 45 minutes prior to their scheduled event time.

GARMENTS AND SOUVENIRS: Official 2012 Skate Dallas Souvenirs may be purchased on line and will be available at the competition.

PROGRAM ADVERTISEMENTS: Please see Skate Dallas Basic Skills Announcement for form to place advertisements in the Skate Dallas 2012 Official Competitors Program. Treat your favorite skater or coach to a special recognition.

HOTEL ACCOMMODATIONS:

Host Hotel:

Hyatt Place - Grapevine

2220 West Grapevine Mills Circle Grapevine, TX 76051 Phone: (972) 691-1199

Room Rate: \$94 plus 12% tax (mention "Skate Dallas" for rate – Deadline for reservation 3/28/12). Limited complimentary breakfast included.

Complimentary shuttle service: 24-Hour availability between DFW airport and the host hotel, plus to the Grapevine Mills Mall and various restaurants within a four mile radius. The rink is located .3 miles away in Grapevine Mills Mall.

Directions from DFW Airport to the Hyatt Place - Grapevine: Take North airport exit, to Route 121 North. Exit Bass Pro Drive, turn left at the stop light. Turn right at the second light onto TX 26 East. Turn left at the next stop light onto Grapevine Mills Blvd. South. The hotel is on the left just passed the first stop light.

Hilton DFW Lakes Executive Conference Center

1800 Highway 26 East Grapevine, Texas, 76051 Phone: 800-984-1344

Room Rate: **Room Rate:** \$119, plus 12% tax – guestroom with up to 2 Full American Breakfast Buffet coupons (valued at \$37). This rate is good for Thursday, 4/19 – Saturday, 4/21. Mention "Skate Dallas 2012" for rate.

See following Web Site for more information:

http://www.hilton.com/en/hi/groups/personalized/D/DFWAHHF-4DL-20120419/index.jhtml?WT.mc_id=POG

Homewood Suites Hilton

2214 Grapevine Mills Circle W. Grapevine TX 76051 Phone: 972-691-2427

Room Rate: King suite \$129 (plus 12% tax); 2 Bedroom \$169 (plus 12 % tax) Mention "Skate Dallas" for rate - Deadline for reservation 3/28/12. Complimentary hot buffet breakfast included.

Comfort Suites- DFW North Grapevine

1805 Enchanted Way Grapevine, TX 76051 Phone: 972-471-1900

Room Rate: \$84 plus 12% tax (mention "Skate Dallas" for rate - Deadline for reservation: 4/5/12) for one king or two double beds. Complimentary breakfast bar as well as complimentary transportation to DFW airport, Grapevine Mills Mall, Polar Ice, and shopping and dining within 3 miles.

Residence Inn by Marriott

2020 State Highway 26 East, Grapevine, TX 76051 Phone: (972) 539-8989

Room Rate: \$129 plus 12 % tax (mention "Skate Dallas" for rate – Deadline for reservation 3/16/12) for a studio suite. Complimentary hot breakfast buffet included.

Embassy Suites Outdoor World DFW Airport North

2401 Bass Pro Drive Grapevine, TX 76051 Phone: (972) 724-2600

Room Rate: \$139.00 plus tax (mention "Skate Dallas" for rate) for single. Complimentary DFW Airport shuttle service, hot breakfast buffet, and Manager's Cocktail Reception for 2 hours.

Springhill Suites-Grapevine

2240W. Grapevine Mills Circle Grapevine TX 76051 Phone: 972-724-5500

Room Rate: \$139 plus tax for King or Double Suites (mention "Skate Dallas" for rate – Deadline for reservation 3/30/12). Complimentary hot/cold breakfast, and DFW airport shuttle.

LOC CONTACT INFORMATION:

Chief Referee

Carolyn Haman

972-717-3891

cjhjudge@verizon.net

Competition Co-Chairs

Mary Pottenger

214-293-9583

PairOfPairs@aol.com

Deb Dryburgh

debra@powerkenpo.com

Event Registrar

Rose Varner and Megan Toohey

RVorMT@gmail.com

Practice Ice

Chellie Bowden

practiceice@dallasfsc.org

Program

Enxi Huang

enxic00@yahoo.com

COMPETITION EVENTS:

Competitors may skate up one test level unless otherwise noted. Events will be conducted in accordance with the rules and regulations of the U.S. FIGURE SKATING, set forth in the current rulebook, unless stated otherwise in this announcement. If entries warrant, a final free skate round will be held for Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior events.

AGE REQUIREMENTS: All age requirements will be those stated in the current U.S. FIGURE SKATING rule book using March 1, 2012, as the cut-off date. Open Pre-Juvenile – 14 years of age and above and Open Juvenile - 14 years of age and above as of March 1, 2012.

WELL-BALANCED PROGRAM - FREE SKATE EVENTS:

No Test through Pre-Juvenile Free Skate programs are subject to jump restrictions. See rules 4200-4280 in the 2012 U.S. FIGURE SKATING rule book for detail information on Well-Balanced Free Skate. For all Well-Balanced Short Program and Free Skate, see rules 4200-4600. See rules 4100-4106 for Single Definitions, General Criteria, and Basic Requirements.

No double jumps are allowed in No Test & Pre-Preliminary Free Skate. The initial round of Intermediate, Novice, Junior, and Senior will consist of a short program plus the long program. The Championship final round will consist of the long program only.

LEVEL	PGM LENGTH (+/- 10 sec)	TEST REQUIREMENT	
No Test	1.5 minutes	None	(No Axel)
Limited Pre-Preliminary	1.5 minutes	Pre-Preliminary FS	(No Axel)
Pre-Preliminary	1.5 minutes	Pre-Preliminary FS	(Axel Allowed)
Preliminary	1.5 minutes	Preliminary FS	
Pre-Juvenile	2 minutes	Pre-Juvenile FS	
Open Pre-Juvenile	2 minutes	Pre-Juvenile FS	
Juvenile	2 minutes 15 seconds	Juvenile FS	
Open Juvenile	2 minutes 15 seconds	Juvenile FS	

LEVEL	PROGRAM LENGTH (+/- 10 sec)	
	SHORT	FREE SKATE
Juvenile/Open Juvenile short program will be subject to Intermediate criteria.		
Intermediate	2 minutes	2.5 minutes
Novice Ladies	2 minutes 30 seconds ¹	3 minutes
Novice Men	2 minutes 30 seconds ¹	3.5 minutes
Junior Ladies	2 minutes 50 seconds ¹	3.5 minutes
Junior Men	2 minutes 50 seconds ¹	4 minutes
Senior Ladies	2 minutes 50 seconds	4 minutes
Senior Men	2 minutes 50 seconds	4.5 minutes
Adult Pre-Bronze	n/a	1 minute 40 seconds ²
Adult Bronze	n/a	1 minute 40 seconds ²
Adult Silver	n/a	2 minutes 10 seconds ²
Adult Gold	n/a	2 minutes 40 seconds ²

¹Novice/Junior Men and Ladies Short Programs shall correspond to requirements for the 2013 competitive season.

²Adult events will be grouped by levels and/or age if number of entries warrant. Men and ladies may be combined due to limited entries.

WELL-BALANCED PROGRAM - COMPULSORY EVENTS:

Compulsory Moves must be executed without music and without stopping between moves. Double jumps may not be substituted for single jumps. An Axel is considered a single jump. In combination jumps, no change of foot or turn between jumps is allowed. Times listed are maximums. All listed moves must be performed. Additional or repeated elements and excessive footwork will be penalized. All levels will compete on half-ice. Spin revolutions are minimums. Required individual jumps cannot be repeated as part of the combination jump. Levels may be combined based on number of entries.

No Test: 1 minute

Salchow; Toe-loop; Loop;
Forward outside spiral;
Sit spin (min 3 revs.)

Limited Pre-Preliminary: 1 minute

Combination jump consisting of 2 single jumps (axel **not** allowed);
Loop; Flip jump;
Spin combination with 1 change of position and no change of foot (min 4 revs total.);
Forward inside spiral

Pre-Preliminary: 1 minute

Combination jump consisting of 2 single jumps (axel allowed);
Loop; Flip jump;
Spin combination with 1 change of position and no change of foot (min 4 revs total.);
Forward inside spiral

Preliminary: 1:15 minute

Combination jump (toe-loop with any other single);
Lutz jump;
Camel spin (min 3 revs);
Spin combination with 2 changes of position and no change of foot (min 5 revs total);
Forward inside spiral

Pre-Juvenile and Open Pre-Juvenile: 1.5 minutes

Combination jump, (any two singles or a double/single combination);
Axel;
Spin Combination with 2 changes of position and 1 change of foot (min 4 revs each foot);
Layback spin (ladies); Camel spin (men) – (min 4 revs);
Straight line step sequence footwork;
Choose either Ina Bauer or Spread Eagle.

Juvenile and Open Juvenile: 1.5 minutes

Combination jump, (any double/double combination);
Axel;
Spin Combination with 2 changes of position and 1 change of foot (min 4 revs each foot);
Layback spin (ladies); Camel spin (men) – (min 4 revs);
Straight line step sequence footwork;
Choose either Ina Bauer or Spread Eagle

Adult Pre-Bronze: 1.5 minutes

Salchow jump; Toe Loop jump;
Lunge;
Combination jump (waltz-toe loop);
One foot upright spin (min 3 revs)

Adult Bronze: 1.5 minutes

Flip jump; Single jump sequence;
Sit spin (3 revs);
Forward upright (min 3 revs);
Forward inside spiral

COMPETITIVE TEST TRACK – FREE SKATE EVENTS:

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
Limited Beginner Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front). <i>Max 2 jump sequences</i> <i>Max 2 of any same jump</i>	<i>Max 2 spins:</i> Two upright spins, no change of foot, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Beginner Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> Two upright spins, change of foot optional, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Pre-Preliminary Test Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> Two spins of a different nature, one position only, no change of foot, not flying entry. (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary Test Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one rotation (no Axels). <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot, no flying entry (Min 3 revs) and One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile Test Time: 2:00 +/-10	<i>Max 5 jump elements:</i> Jumps with not more than one rotation (no Axels). <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot (Min 3 revs) and One combination spin: forward camel spin to forward sit spin, change of foot optional (Min 6 revs combined in forward sit and camel positions). Spins may not fly	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
Juvenile Test Time: 2:15 +/-10	<i>Max 5 jump elements:</i> Any single jumps with not more than 1 ½ rotations (Axel permitted) <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot (Min 4 revs in position) and One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions, (Min 4 revs on each foot) Only solo spin may fly	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate Test Time: 2:30 +/-10	<i>Max 6 jump elements:</i> Any single jumps. Double jumps permitted: double Salchow and double toe loop. <i>Max 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins of a different nature:</i> One must be a flying spin (Min 5 revs), One must be a combination spin with at least one change of foot and at least one change of position (Min 4 revs on each foot).	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Test Time: Ladies 3:00 +/-10 Men 3:30+/-10	<i>Max 7 jump elements for men and 6 for ladies:</i> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a combination spin with at least one change of foot and at least one change of position (Min 5 revolutions on each foot). The other spins are the option of the skater (Min 6 revs) All spins may fly	One step or spiral sequence (see rule 3660 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Test Time: Ladies 3:30 +/-10 Men 4:00+/-10	<i>Max 8 jump elements for men and 7 for ladies:</i> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip. <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a spin in one position (6 revs), one a flying spin (6 revs) and one a combination spin consisting of all three basic spin positions and one change of foot (Minimum 2 continuous revs in each basic position and minimum 5 revs on each foot).	One step sequence of advanced difficulty, covering the full ice surface. (See rule 3650 for description)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Test Time: Ladies 4:00 +/-10 Men 4:30+/-10	<i>Max 8 jump elements for men and 7 for ladies</i> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. No triple jumps permitted <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a spin in one position (min 6 revs), one a flying spin (min 6 revs) and one a spin combination consisting of all three basic spin positions and one change of foot (Min 2 continuous revs in each basic position and min 5 revolutions on each foot).	Men: Two different step sequences. Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 3643 (G) and (I) for description).	Skaters must have passed at least the U.S. Figure Skating junior free skate test

PAIRS:

Test requirements apply to both partners. Free skating and short programs are combined events. Short program lengths are maximums. Competition shall be per the 2013 competition rules as set forth in the current U.S. FIGURE SKATING rulebook.

LEVEL	TEST REQUIRED	FREE SKATE LENGTH	SHORT PROGRAM
Pre-Juvenile	Pre-Juvenile Pair & Pre-Juvenile MITF	2:00 +/- 10 sec	n/a
Juvenile	Juvenile Pair & Juvenile MITF	2:30 +/- 10 sec	n/a
Intermediate	Intermediate Pair & Intermediate MITF	3:00 +/- 10 sec	n/a
Novice	Novice Pair & Novice MITF	3:30 +/- 10 sec	2:50 max
Junior	Junior Pair & Junior MITF	4:00 +/- 10 sec	2:50 max
Senior	Senior Pair & Senior MITF	4:30 +/- 10 sec	2:50 max

Novice, Junior, & Senior Pair Short Programs shall correspond to the requirements per the 2013 competitive season. See Rules 5200 – 5250 for Well-Balanced Free Skate and Short Program details. See Rules 5100 – 5109 for Pairs Definitions, General Criteria, and Basic Requirements.

MOVES IN THE FIELD:

Age and Test requirements are the same as listed under Free Skate. This event will be judged on edge quality, quickness, extension and power. No additional elements may be added. Skaters must do elements in the order listed. Deductions will be made for too many introductory steps, toe-pushing and touch-downs.

LEVEL	MOVES / PATTERNS
Pre-Preliminary	PPM 2 Basic Consecutive Edges; PPM 3 Forward right and left foot spirals
Preliminary	PM 3 Forward Power 3-turns; PM 4 Alternating forward 3-turns, inside and outside
Pre-Juvenile Open Pre-Juvenile	PJM 3 Forward Inside-Back Outside 3-turns in the field; PJM 4 Forward and backward change of edge pulls
Juvenile Open Juvenile	JM 3 Eight step Mohawk sequence; JM 5 Backward Power 3-turns
Intermediate	IM 1 Backward double 3-turns; IM 4 Forward Twizzles
Novice	NM 4 Forward Loops; NM 6 Backward Twizzles
Junior	JRM 5 Backward Loop Pattern; JRM 6A Straight Line Step
Senior	SRM 1 Sustained edge step; SRM 5A Serpentine Step Sequence

COUPLES DANCE:

Test level requirements will be in accordance with the 2013 competition rules per the current U.S. FIGURE SKATING rulebook. **Each segment of Couples Dance is a separate event.** Dance events levels may be combined if the number of entries warrant. Skaters may compete at the test level qualified at the entry deadline, or one level higher. Age requirements listed earlier apply to both partners. Neither partner in Preliminary may have passed a Bronze dance test. Dance competition will be in accordance with the 2013 competition rules per the current U.S. FIGURE SKATING rulebook.

LEVEL	COMPULSORY DANCE	FREE DANCE
Pre-Juvenile	Rhythm Blues; Canasta Tango	n/a
Juvenile	Willow Waltz; Foxtrot	2 min / 15 sec
Intermediate	Rocker Foxtrot; European	2 min / 30 sec
Novice	Starlight Waltz; Paso	3 min

Junior and Senior Short Dance and Free Dance per ISU Rules for 2013

SPINS:

Age and test requirements are the same as listed under Free Skate. All levels are skated on one half of the ice surface. No music. Spins must be skated exactly as stated but may be skated in any order. Connecting steps may be used, but excessive moves will be penalized.

LEVEL	REQUIRED SPINS (minimum revolutions)
No Test	One foot upright spin(3); One foot upright back spin(3); Forward sit spin(3)
Pre-Preliminary	One foot forward upright spin(3); Forward sit spin(3); Spin combination with 1 change of position and no change of foot(4 total)
Preliminary	Forward sit spin(3); Forward Camel(3); Spin combination with 1 change of position and no change of foot(5 total)
Pre-Juvenile Open Pre-Juvenile	Forward camel to sit, no change of foot (6 total in positions); Forward scratch to Back scratch(4 on each foot); Ladies – layback(4); Men – sit spin(4)
Juvenile Open Juvenile	Combination spin with only one change of foot and no change of position(4 on each foot); Forward camel spin(5); Forward sit spin(5)
Intermediate	Flying camel(5 in position); Combination with one change of foot and only one change of position(4 on each foot); Ladies – layback(5); Men – crossfoot(5)
Novice	Camel to back camel(4 on each foot); Combination with one change of foot and only two changes of position(5 each foot); Flying spin of choice(6)
Junior	Flying sit or flying change sit(8); Combination with three positions and one change of foot(6 each foot); Ladies flying camel(8in position), Men flying camel(6) to crossfoot(6), no change of foot
Senior	Flying spin of choice(8); Combination with at least on change of foot and a minimum of two changes in position(12 total); Solo spin of skater’s choice(8)
Adult Pre-Bronze	One foot upright(3); Two-foot spin(3); Pivot
Adult Bronze	One foot upright(3); One foot back spin(3); Forward sit spin(3)
Adult Silver	One foot upright(3); Forward camel(3); Forward sit spin or broken leg sit(3)

JUMPS:

Age and test requirements are the same as listed under Free Skate. No Test through Pre-Juvenile, and Adults will be skated on one-half of the ice surface. All other levels will skate on full ice. No music. Jumps must be skated exactly as stated. Solo jump required may not be repeated in combination. Skater should only execute a second attempt of the chosen jump if dissatisfied with the first attempt. If a second jump is executed, it will be the one judged.

LEVEL	REQUIRED SPINS (minimum revolutions)
No Test	Salchow; Loop; Single/Single combination (no Axel)
Pre-Preliminary	Flip; Lutz; Single/Single combination (no Axel)
Preliminary	Lutz; Axel; Single/Single combination
Pre-Juvenile Open Pre-Juvenile	Axel; Double Salchow; Combination of any double jump with toe loop
Juvenile Open Juvenile	Axel; Double toe loop; Combination of any double jump with a toe loop
Intermediate	Axel; Double loop; Combination of any two double jumps
Novice	Double flip; Double Lutz; Combination of any two double jumps or a triple jump with a double jump
Junior	Double Axel; Combination of ay two double jumps or a triple jump with a double jump or a triple-triple combination; Any double or triple jump out of footwork
Senior	Double or triple Axel; Combination of any two double jumps or a triple jump with a double jump or a triple-triple combination; any triple or quad jump out of footwork
Adult Pre-Bronze	Waltz; waltz / toe loop combination; Half-filp
Adult Bronze	Salchow; Loop; Single-Single combination
Adult Silver	Flip; Loop; Single-Single combination

ARTISTIC:

Vocal music may be used. Costumes should fit the music and are not a safety hazard. Props, if used, must be hand held at all times. Nothing may be placed on the ice. While skating is a major element of the program, the performance will be judged on entertainment value rather than technical skill. Judging will be based on originality, creativity, musical interpretation and movement that characterize the correct mood of the program. No props during warm-up.

SOLO ARTISTIC: Age and test requirements for non-adults are the same as listed under Free Skate. Adult Artistic competitors must be 21 years or older and meet minimum test requirements of the Adult Pre Bronze Free Skate test or the Adult Bronze Dance Test. Masters Artistic competitors must be 21 years or older and meet minimum test requirements of the Adult Silver Free Skate test or the Adult Silver Dance test.

LEVEL	TIME(MAX)	LEVEL	TIME(MAX)
No Test	1 min/40 sec	Intermediate	2 min/10 sec
Pre-Preliminary	1 min/40 sec	Novice	2 min/10 sec
Preliminary	1 min/40 sec	Junior	2 min/40 sec
Pre-Juvenile/Open Pre Juvenile	1 min/40 sec	Senior	2 min/40 sec
Open -Juvenile/Open Juvenile	2 min/10 sec	Adult	1 min/40 sec

DUET ARTISTIC: No age or test requirements. Duets may be comprised of male/female, female/female, or male/male. Create a program with another skater; perform like you are in an ice show. You want to really entertain your audience! This is not a Pair event– pair lifts are not allowed. Applicable time limit is determined by level of highest level skater in the duet

LEVEL	TIME(MAX)	LEVEL	TIME(MAX)
No Test	1 min/40 sec	Intermediate	2 min/10 sec
Pre-Preliminary	1 min/40 sec	Novice	2 min/10 sec
Preliminary	1 min/40 sec	Junior	2 min/40 sec
Pre-Juvenile/Open Pre Juvenile	1 min/40 sec	Senior	2 min/40 sec
Open -Juvenile/Open Juvenile	2 min/10 sec	Adult	1 min/40 sec

Skaters placing fourth and higher in preliminary and higher solo artistic events, including adult events, will qualify to enter the next National Showcase. National Showcase contestants must also be qualified by test level. Duets are not required to qualify for National Showcase. For more information about qualifications, contact Melissa Bowman, National Vice Chair for National Showcase, at patinage_tx@verizon.net

SYNCHRONIZED TEAM:

Teams may consist of men and women. U.S. FIGURE SKATING membership is required. Vocal music is allowed. U.S. Figure Skating Rules 7000 - 7062 apply unless specified differently in this announcement. U.S. FIGURE SKATING registration number for each individual skater competing is required. Teams will be grouped by Division if there are at least two teams entered in the same division, otherwise all teams will compete against each other. Team must be registered with U.S. Figure Skating.

Preliminary	<ul style="list-style-type: none">• 8 to 16 members who are under age 12 with the majority of skaters under age 10.• 2:00 +/- 10 seconds.• See Rule 7270 for Well-Balanced Free Skate details.
Pre-Juvenile	<ul style="list-style-type: none">• 8 to 16 skaters with the majority of the team under 12 years of age.• 2:00 +/- 10 seconds.• See Rule 7260 for Well-Balanced Free Skate details.
Juvenile	<ul style="list-style-type: none">• 12 to 20 skaters who are under age 13.• 3:00 +/- 10 seconds.• See Rule 7240 for Well-Balanced Free Skate details.
Open Juvenile	<ul style="list-style-type: none">• 8 to 16 skaters with the majority of the team under age 19.• 2:30 +/- 10 seconds.• See Rule 7250 for Well-Balanced Free Skate details.
Intermediate	<ul style="list-style-type: none">• 12 to 20 skaters who are under age 18.• 3:30 +/- 10 seconds.• See Rule 7230 for Well-Balanced Free Skate details.
Novice	<ul style="list-style-type: none">• 12 to 20 skaters who are under age 16 with the exception that up to four team members may be 16 or 17 years of age.• 3:30 +/- 10 seconds.• See Rule 7220 for Well-Balanced Free Skate details.
Open Adult	<ul style="list-style-type: none">• 8 to 16 skaters with the majority of the team 19 years of age or older.• 2:30 +/- 10 seconds.• See Rule 7520 for Well-Balanced Free Skate details
Adult	<ul style="list-style-type: none">• 12 to 20 skaters who are 21 years of age or older.• 3:30 +/- 10 seconds• See Rule 7500 for Well-Balanced Free Skate details.
Masters	<ul style="list-style-type: none">• 12 to 20 skaters who are 25 years of age or older with the majority of skaters 35 years of age or older.• 3:00 +/- 10 seconds.• See Rule 7510 for Well-Balanced Free Skate details.

See Rules 7100 – 7160 for Synchronized Skating Definitions and Criteria.

2012 National Solo Dance Competition Series

U.S Figure Skating is pleased to announce the 2011-12 Solo Dance competition series. This program began in the 2010-11 season and is open to individual skaters within the Eastern, Midwestern and Pacific Coast sections. Skaters participating in at least two competitions within their respective sections accumulate points based upon placement that will be used to determine qualification of individual skaters to the National Solo Dance Championships.

Skaters can elect to compete in the pattern dances, free dance or both events at this nonqualifying competition.

The 6.0 judging system will be used for all events and levels at Solo Dance Competitions. The ISU judging system will not be used.

SOLO PATTERN DANCE EVENTS:

	Preliminary	Pre- Bronze	Bronze	Pre-Silver	Silver	Pre-Gold	Gold
Dances in each level	1. Canasta Tango 2. Rhythm Blues	1. Cha-Cha 2. Fiesta Tango	1. Willow Waltz 2. Ten Fox	1. European Waltz 2. Foxtrot	1. American Waltz 2. Silver Tango	1. Paso Doble 2. Starlight Waltz	1. Westminster Waltz 2. Quickstep
Testing	No test or passed Preliminary	Passed Preliminary or Pre-Bronze	Passed Pre-Bronze or Bronze	Passed Bronze or Pre-Silver	Passed Pre-Silver or Silver	Passed Silver or Pre-Gold	Passed Pre-Gold or Gold

SOLO PATTERN DANCE TEST LEVEL:

All skaters must either compete at their test level or one level above of their highest completed dance test. The determination of level will be based upon test level at the entry deadline**. The test level is determined by a skater completing all of the dance tests within that level.

** Test level may be either standard or solo dance. Adult dance, adult solo dance, master's dance and master's solo dance do not fulfill the testing requirements for this event.

SOLO FREE DANCE EVENTS:

	Juvenile Solo Free Dance	Intermediate Solo Free Dance	Novice Solo Free Dance	Junior Solo Free Dance	Senior Solo Free Dance
Free Dance Requirements	Requirements according to Juvenile Solo Free Dance Test as listed in the 2011-12 U.S. Figure Skating Tests Book, p. 52	Requirements according to Intermediate Solo Free Dance Test as listed in the 2011-12 U.S. Figure Skating Tests Book, p. 52	Requirements according to Novice Solo Free Dance Test as listed in the 2011-12 U.S. Figure Skating Tests Book, p. 53	Requirements according to Junior Solo Free Dance Test as listed in the 2011-12 U.S. Figure Skating Tests Book, p. 54	Requirements according to Senior Solo Free Dance Test listed in the 2011-12 U.S. Figure Skating Tests Book, p. 54
Testing Rqmt.	Complete preliminary pattern dance test (partnered or solo) and one of the following: juvenile free dance (solo or partnered) or juvenile MIF test	Complete bronze pattern dance test (partnered or solo) and one of the following: intermediate MIF test or intermediate free dance test (partnered or solo)	Complete pre-silver pattern dance test (partnered or solo) and one of the following: novice MIF test or novice free dance test (partnered or solo)	Complete silver pattern dance test (partnered or solo) and one of the following: junior MIF test or junior free dance test (partnered or solo)	Complete gold pattern dance test (partnered or solo) and one of the following: senior MIF test or senior free dance test (partnered or solo)

QUALIFICATIONS FOR ENTRY IN SOLO FREE DANCE / SOLO FREE DANCE TEST LEVEL REQUIREMENTS:

All skaters must either compete at their test level or one level above of their highest completed free dance test (solo or partnered), but no higher. Skaters can also qualify by having passed the equivalent moves in the field test. The determination of level will be based upon test level at the entry deadline**.

** Test level may be partnered or solo standard pattern dance tests and standard free dance (partnered or solo). Adult dance, adult solo dance, adult free dance, master's dance, master's free dance and master's solo dance do not fulfill the testing requirements for this event.

Notes on the conduct of the competition:

All dance events may be double-paneled at the discretion of the referee. When there are more than 18 athletes in a solo dance event, the event will be split so no flight has more than 18 skaters. Ladies will skate the ladies' steps and men will skate the men's steps, no exceptions.

How it works:

At each Solo Dance competition, skaters earn qualifying points based on their final, overall combined placement at the competition. Skaters may earn qualifying points at either

- a) three (3) competitions within their section, or
- b) two (2) competitions within their section and one(1) competition outside of their section.

Note: Skaters must compete in AT LEAST two (2) competitions within their section to be eligible to compete at the National Solo Dance Championships.

Top six (6) skaters from each section (who have competed in at least two nonqualifying competitions), in each level (Pattern dance levels: preliminary, pre-bronze, bronze, pre-silver, silver, pre-gold and gold and Solo Free Dance levels: juvenile, intermediate, novice, junior and senior) will receive an invitation to advance to the National Solo Dance Championships. A variation of a fill-up rule may be used if less than six skaters qualify at any particular level. This will allow for an overall total of 18 skaters in each level at the National Solo Dance Championships.