



April 25, 2010

**BASIC SKILLS
and
SPECIAL OLYMPIANS**

Hosted by

The Dallas Figure Skating Club

**Polar Ice House Grapevine
3000 Grapevine Mills Parkway Suite 613.
Grapevine, TX 76051**

Approved by the U.S. Figure Skating Basic Skills Program



**SKATE DALLAS 2010
APRIL 25, 2010**

**BASIC SKILLS
and
SPECIAL OLYMPIANS**

HOSTED BY
THE DALLAS FIGURE SKATING CLUB
WWW.DALLASFSC.ORG

POLAR ICE HOUSE GRAPEVINE
3000 GRAPEVINE MILLS PARKWAY SUITE 613.
GRAPEVINE, TX 76051

EVENTS INCLUDE: BASIC ELEMENTS, COMPULSORY ELEMENTS, BASIC PROGRAM, FREESKATE EVENTS, SHOWCASE EVENTS, SPECIAL OLYMPIANS

RULES/CONDUCT/ELIGIBILITY: The competition is open to ALL skaters who are currently eligible (ER 1.00) members of either the Basic Skills Program and /or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program / Club or any other Basic Skills Program / Club.

Eligibility will be based on skill level as of March 5, 2010. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and **NO** official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the competition.

The Special Olympics portion of this competition will be conducted in accordance with the 2008 Official U.S. Figure Skating Rule Book, the 1994 – 1998 Special Olympics Winter Sports Rules, and the rules given in this announcement. The Special Olympian Competition is open to skaters 8 years or older who are receiving group or private instruction. Skaters must be registered as Special Olympians through the Special Olympics office.

All events will be judged using the 6.0 system

ENTRY FEES / DEADLINE: The entry fee for the first event is \$55. Each additional event is \$10. Checks should be made payable to **Skate Dallas 2010** and mailed with the entry form. Entries must be postmarked no later than March 5, 2010. A \$20.00 late fee, *if accepted by the competition committee*, must accompany late entries. **No refunds will be granted for any reason (including medical) except for events eliminated by the LOC.** There will be a \$25.00 fee for checks returned for non-sufficient funds. **There will be a \$15.00 fee for change of each event or level after March 5, 2010.** Mail completed form, with fee to: **Ginny Warren, Skate Dallas 2010, 2806 Springbranch Court, Grapevine, TX. 76051.** If further information is required please call Debra Dryburgh at 972-768-7628 or Dawn Herzog at 972-998-2881.

SCHEDULE: Every attempt will be made to schedule official practice ice beginning, Sunday April 25, 2010 with competition events on Sunday, April 25, 2010. A tentative schedule of practice and event times will be posted on our web site around April 7, 2010. Please include e-mail address if you wish to receive notification prior to arrival in Dallas. **Please do not call for schedule information prior to this date, as it will not be available. Thank you for your understanding and patience.**

FACILITY: Polar Ice House is located in Grapevine, Texas at 3000 Grapevine Mills Parkway, Suite 613, Grapevine, TX 76051. Polar Ice House has two ice surfaces which are 200' x 85' with rounded corners. **The Polar Ice House is considered a cold rink, be sure to bring warm clothing.**

ENTRIES MUST BE POSTMARKED BY MARCH 5, 2010

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MUSIC: Music will be played from CDs ONLY. DO NOT USE CD-RW MATERIALS! There should be a separate music CD for **EACH** competitive program. Music CDs with multiple tracks **will NOT** be accepted. Competitors must provide music for all other events. CDs must be clearly marked with competitor's name, event, and running time of music. **The official competition CD must be turned in at the Registration Desk at the time of registration. Skaters will not be allowed to register without submitting their music.** A duplicate music CD should be readily available at event time. CDs may be picked up at the Registration Desk following each event. Practice Ice music CDs, provided by the competitor, are to be turned in to the Ice Monitor just prior to competitor's official practice and picked-up from the Registration Desk following the practice session. The official competition music CD turned in at the Registration Desk is reserved for use during the event and **may not** be retrieved for Practice Ice use. Please keep adequate copies of your music CDs available.

REGISTRATION: The Registration Desk, located at the Polar Ice House Grapevine, will be open from 1:00 p.m. to 8:00 p.m., Thursday, April 22, 2010. On the following days, the Registration Desk will be open at 8:00 a.m. The desk will remain open during most practice times and competition events. **Skaters must submit their official music CD at time of registration.**

PHOTOGRAPHY/VIDEO: Video Service and awards photos will be made available by *Local Motion Productions of Colorado*. The competition committee reserves the right to restrict personal videotaping to your skater only. Personal cameras will be permitted in the bleachers only and may not be plugged into arena outlets. Video taping for personal profit is not allowed. No flash photography allowed at any time.

PRACTICE ICE: Practice Ice will cost \$12.00 for each 20 (twenty) minute session. Refer to the enclosed Practice Ice form for additional information. Please fill out the Practice Ice request form completely. Enclose payment separate from entry fee. Skaters may request **only one session** on a prepaid basis. Additional ice, if available, will be sold on a first-come, first-serve basis during registration.

AWARDS: All divisions will be divided by age into groups no larger than six skaters. Medals will be presented for first, second, and third place finishes. Ribbon awards will be presented to 4th, 5th and 6th place finishes. Awards will be presented at the photographer's stand immediately following each event. All skaters in each group will be included in the award photo. All events will be final rounds.

OFFICIAL NOTICES: An official bulletin area will be maintained at the Polar Ice House Grapevine. Competitors and coaches are responsible for periodically checking the area for schedule changes and special announcements. Competitors should arrive at the arena 45 minutes prior to their scheduled event time.

PROGRAM ADVERTISEMENTS: Please see enclosed form for placing advertisements in the Skate Dallas 2010 program. Treat your favorite skater or coach to a special recognition.

HOTEL ACCOMMODATIONS:

Host Hotel:

Hyatt Place - Grapevine

2220 West Grapevine Mills Circle

Grapevine, TX 76051

(972) 691-1199

Rate: \$94 (excluding taxes) when you reference "Skate Dallas". Cut-off date April 2, 2010.

Complimentary shuttle service: 24-Hour availability between DFW airport and the host hotel, plus to the Grapevine Mills Mall and various restaurants within a four mile radius. The rink is located .3 miles away in Grapevine Mills Mall.

Directions from DFW Airport to the Hyatt Place - Grapevine: Take North airport exit, to Route 121 North. Exit Bass Pro Drive, turn left at the stop light. Turn right at the second light onto TX 26 East. Turn left at the next stop light onto Grapevine Mills Blvd. South. The hotel is on the left just passed the first stop light.

ENTRIES MUST BE POSTMARKED BY MARCH 5, 2010

HOTEL ACCOMMODATIONS (cont'd):

Additional Hotels in area:

Residence Inn by Marriott

2020 State Highway 26 East
Grapevine, TX 76051
(972) 539-8989

Rate: \$112 (excluding taxes) when you reference "Skate Dallas". Cut-off date March 23, 2010.

Homewood Suites by Hilton

2214 Grapevine Mills Circle West
Grapevine, Texas, 76051
972-691-2427

Rate: \$125 (excluding taxes) when you reference "Skate Dallas". Cut-off date March 24, 2010

Springhill Suites by Marriott

2240 Grapevine Mills Circle West
Grapevine, Texas, 76051
972-724-5500

Rate: \$105 (excluding taxes) when you reference "Skate Dallas". Cut-off date March 24, 2010.

Hampton Inn

1750 Hwy 121 N
Grapevine, TX 76051

Rate: \$84 One Room Suite or \$94 Double Room Suite (excluding taxes) when you reference "Skate Dallas". Cut-off date March 24, 2010.

Comfort Suites

1805 Enchanted Way
Grapevine, TX 76051

Rate: \$79 (excluding taxes) when you reference "Skate Dallas". Cut-off date March 24, 2010.

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BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

Format: Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps) **OR** will perform each element when directed by a judge or referee.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

Snow Plow	BASIC 5
<ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - minimum of three revolutions 4. Hockey stop 5. Side Toe hop -either direction
BASIC 1	BASIC 6
<ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<ol style="list-style-type: none"> 1. Forward inside three turn - R & L from a standstill 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
BASIC 2	BASIC 7
<ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop 	<ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
BASIC 3	BASIC 8
<ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 – 8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind,step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
BASIC 4	
<ol style="list-style-type: none"> 1. Forward outside three turn - R & L from a standstill 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 6-8 consecutive both directions 4. Backward stroking 5. Backward snowplow stop - R or L 	

ENTRIES MUST BE POSTMARKED BY MARCH 5, 2010

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p><u>Snowplow Sam - TOTS:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive in both directions 3. One foot spin - min of three revolutions 4. Side Toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside 3-turn from a standstill - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive 3. Moving forward to backward two foot turn in either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside 3 turn - R & L from a standstill 4. Backward stroking 5. Backward snowplow stop - R or L 	

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FREESKATE 1 – 6 COMPULSORY EVENT

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Free Skate 1 Compulsory	Free Skate 4 Compulsory
<ol style="list-style-type: none"> 1. Advanced forward stroking - 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside 3. Scratch spin from backward crossovers 4. Waltz jump from backward crossovers 5. Half flip jump 	<ol style="list-style-type: none"> 1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise 2. Forward power 3's, 2-3 consecutive sets-R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump
Free Skate 2 Compulsory	Free Skate 5 Compulsory
<ol style="list-style-type: none"> 1. Forward outside spiral - R or L. and a forward inside spiral - R or L 2. Waltz Three's - R or L 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump 	<ol style="list-style-type: none"> 1. Spiral sequence, FO spiral, FO 3 turn, one backward crossover, BI spiral 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop jump 5. Flip jump
Free Skate 3 Compulsory	Free Skate 6 Compulsory
<ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4 – 6 consecutive 3. Back spin 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop 	<ol style="list-style-type: none"> 1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6) 2. Camel, sit spin combination - minimum of 4 revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump

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FREESKATE 1-6 MUSIC EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Free Skate 1	Free Skate 4
1. Advanced forward stroking 4-6 strokes 2. Scratch spin from back crossovers 3. Waltz jump from back crossovers 4. Half flip jump	1. Forward power 3's, 2-3 consecutive R or L 2. Sit spin 3. Loop jump 4. Waltz jump/loop jump
Free Skate 2	Free Skate 5
1. Forward outside spiral R or L 2. Beginning back spin 3. Waltz jump, side toe hop, waltz jump 4. Toe loop	1. Camel spin 2. Forward upright spin to back upright spin 3. Loop/loop combination jump 4. Flip jump
Free Skate 3	Free Skate 6
1. Forward crossovers in a figure 8 2. Back spin 3. Salchow 4. Waltz jump/Toe loop or Salchow/toe loop	1. Camel/sit spin combination, min of 4 revolutions total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow combination 4. Lutz jump

SHOWCASE EVENTS

See test requirements. This event is like a show. This means the program should be entertaining, imaginative and creative. Above all, choreography must reflect and interpret the music.

ITEM	REQUIREMENTS
Time	Duration: 1:30 max for Freeskiate 1 – 6
Music	Theme of skater's choice. Vocal music <u>is</u> permitted.
Costumes	Costumes should compliment music.
Props	Hand props <u>are</u> permitted, but must not touch the ice. They may be placed on or against the railing or handed to another person. <u>No</u> live props (pets, animals, etc.).
Judging	Judging to emphasize interpretation and entertainment value rather than technical skills.
Other	Skaters will be grouped by age and level as closely as possible. Boys and girls may be in combined events.

ENTRIES MUST BE POSTMARKED BY MARCH 5, 2010

SPECIAL OLYMPIAN COMPETITION EVENTS

SPECIAL OLYMPIAN FREESKATE

LEVEL	REQUIREMENTS	TIME
Level 1	Program as per Special Olympic level one requirements.	1 min
Level 2	Program as per Special Olympic level two requirements.	1½ min
Level 3	Program as per Special Olympic level three requirements.	2 min
Level 4	Program as per Special Olympic level four requirements.	2 min
Level 5	Program as per Special Olympic level five requirements.	2½ min
Level 6	Program as per Special Olympic level six requirements.	2 ½ min

SPECIAL OLYMPIAN COMPULSORY MOVES

Compulsory events will be conducted in accordance to the rules specified in the Special Olympics Winter Sports Rules 2003-2006.

LEVEL	REQUIRED ELEMENTS
Level 1	1) Forward swizzles for a distance of 10 meters; 2) Backward swizzles for a distance of 10 meters. 3) One-foot snowplow stop.
Level 2	1) Forward stroking; 2) Forward to backward turn; 3) Backward stroking; 4) Backward to forward turn; 5) Forward stroking; 6) T-Stop; 7) Forward crossovers around the hockey circles in figure eight pattern clockwise and counter clockwise.
Level 3	1) Forward outside edges and forward inside edges; 2) Forward outside three-turn on the right foot and forward outside three-turn on the left foot; 3) right forward inside edge to left backward inside edge open Mohawk and left forward inside edge to right backward inside open Mohawk.
Level 4	1) Back outside edges and Backward inside edges; 2) Forward crossovers, inside Mohawk, backward crossover, step forward on inside edge to the inside of the circle, repeated two times, performed left and right; 3) Waltz three step sequence.
Level 5	1) LBO 3-LF1 Mohawk (repeat); 2) RBO 3-RF1 Mohawk (repeat); 3) RFOI change edge - LFI 3; 4) RFIO change edge - LFO 3; 5) LFOI change edge - RFI 3; 6) LFIO change edge - RFO 3
Level 6	1) Forward cross-strokes (entire length of rink) and backward cross-strokes entire length of rink; 2) Brackets RFO-LBI bracket, stop, LFO-RBI brackets RFI-LBO bracket, stop, LRI-RBO bracket.

SPECIAL OLYMPIAN ARTISTIC

All Artistic events are performed with music (vocal music allowed) on full ice surface. Costumes may be of any type as long as they fit the music and are not a safety hazard. Props, if used, must be hand held at all times. Judging will be based on entertainment value as well as on originality, creativity, musical interpretation and artistic expression. No props allowed during warm-up.

LEVEL	REQUIREMENTS	TIME
Level 1	Program as per Special Olympic level one requirements.	1 min
Level 2	Program as per Special Olympic level two requirements.	1 min
Level 3	Program as per Special Olympic level three requirements.	1 min
Level 4	Program as per Special Olympic level four requirements.	1½ min
Level 5	Program as per Special Olympic level five requirements.	1½ min
Level 6	Program as per Special Olympic level six requirements.	1½ min

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SPECIAL OLYMPIAN PAIR FREE SKATING

All pair skate events are performed on full ice surface. Vocal music is not allowed. Teams shall consist of two Special Olympic Athletes, 1 male and 1 female, 2 males or 2 females.

LEVEL	REQUIREMENTS	TIME
Level 1	Program as per Special Olympic level one requirements.	1 min
Level 2	Program as per Special Olympic level two requirements.	2 min

SPECIAL OLYMPIAN ICE DANCING – SOLO COMPULSORY DANCE

All solo ice dances events are performed on full ice surface. Ice dances will be skated solo.

LEVEL	REQUIREMENTS
Level 1	Canasta Tango - 2 patterns or one time around the ice surface.
Level 2	Cha Cha - 2 patterns or one time around the ice surface.
Level 3	Hickory Hoedown - 2 patterns or one time around the ice surface.
Level 4	Fourteen Step - 2 patterns or one time around the ice surface.

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SPECIAL OLYMPICS BADGE PROGRAM

The Special Olympics Sports Skills program is designed for Special Olympics athletes starting to learn figure skating. The Special Olympics Figure Skating Badge Program allows athletes to learn skills in a progressive order and earn badges at each level. Athletes who complete the Special Olympics Badge Program will be prepared to move into the existing badge program at local rinks. Skaters will have two opportunities to perform each skill, and may perform it once or twice. The *better* of the two attempts will be judged.

<p>Badge 1</p> <ul style="list-style-type: none"> A. Stand unassisted for 5 seconds, B. Fall and stand up unassisted, C. Knee dip standing still unassisted, D. March forward 10 steps assisted. 	<p>Badge 7</p> <ul style="list-style-type: none"> A. Backward stroking across the rink, B. Gliding backward to forward 2-foot turn, C. T-stop left or right, D. Forward 2-foot turn on a circle: L & R.
<p>Badge 2</p> <ul style="list-style-type: none"> A. March forward 10 steps unassisted, B. Swizzles, standing still: 3 repetitions, C. Backward wiggle or march assisted, D. 2-foot glide forward for distance of at least length of body. 	<p>Badge 8</p> <ul style="list-style-type: none"> A. 5 consecutive forward crossovers: L & R, B. Forward outside edge: L & R, C. 5 consecutive backward ½ swizzles on a circle: L & R.
<p>Badge 3</p> <ul style="list-style-type: none"> A. Backward wiggle or march, B. 5 forward swizzles covering at least 10 feet, C. Forward skating across the rink, D. Forward gliding dip covering at least length of body: L & R. 	<p>Badge 9</p> <ul style="list-style-type: none"> A. Forward outside 3-turn: L & R, B. Forward inside edge: L & R, C. Forward lunge or shoot the duck at any depth, D. Bunny hop.
<p>Badge 4</p> <ul style="list-style-type: none"> A. Backward two-foot glide covering at least length of body, B. 2-foot jump in place, C. 1-foot snowplow stop: L & R, D. Forward 1-foot glide covering at least length of body: L & R. 	<p>Badge 10</p> <ul style="list-style-type: none"> A. Forward inside 3-turn: L & R, B. 5 consecutive backward crossovers: L & R, C. Hockey stop, D. Forward spiral 3 times length of body.
<p>Badge 5</p> <ul style="list-style-type: none"> A. Forward stroking across rink, B. 5 backward swizzles covering at least 10 feet, C. Forward 2-foot curves left and right across rink, D. 2-foot curves left and right across rink. 	<p>Badge 11</p> <ul style="list-style-type: none"> A. Consecutive forward outside edges: minimum 2 on each foot, B. Consecutive forward inside edges: minimum 2 on each foot, C. Forward inside Mohawk: L & R, D. Consecutive backward outside edges: minimum 2 on each foot, E. Consecutive backward inside edges: minimum 2 on each foot.
<p>Badge 6</p> <ul style="list-style-type: none"> A. Gliding forward to backward 2-foot turn, B. 5 consecutive forward 1-foot swizzles on circle: L & R, C. Backward 1-foot glide length of body: L & R, D. Forward pivot. 	<p>Badge 12</p> <ul style="list-style-type: none"> A. Waltz jump, B. 1-foot spin: Minimum of 3 revolutions C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise, D. Combination of three moves chosen from badges 9-12.

ENTRIES MUST BE POSTMARKED BY MARCH 5, 2010

SKATE DALLAS 2010
BASIC SKILLS ENTRY FORM – page 2 of 2

Skater Name: _____ USFSA #: _____

ENTRY FEE IS \$55.00 PER EVENT, \$10.00 PER EACH ADDITIONAL EVENT, AND AN ADDITIONAL \$22 FEE IF NOT A CURRENT USFS MEMBER.

First Event (\$55.00)	\$ _____
Additional Events: _____ x \$10.00 =	\$ _____
Add if not a USFSA member:	\$ <u>22.00</u>
<i>TOTAL:</i>	\$ _____

Make checks or money order payable to **Skate Dallas 2010** and mail with completed entry form to: **Ginny Warren, Skate Dallas 2010, 2806 Springbranch Court, Grapevine, TX. 76051.** If further information is required please call Debra Dryburgh at 972-768-7628 or Dawn Herzog at 972-998-2881.

Entry must be postmarked no later than March 5, 2010. Metered mail is not acceptable as proof of postmark. There will be a \$25.00 fee for checks returned for non-sufficient funds. There will be a \$ 15.00 change fee for each change of each event or level.

ENTRY FEES ARE NOT REFUNDABLE AFTER THE DEADLINE UNLESS AN EVENT IS CANCELLED.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds U.S. Figure Skating, the Dallas Figure Skating Club, and The Polar Ice House Grapevine harmless from and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature _____ Date _____

Competitor Signature _____ Date _____

Instructor/Coach Signature _____ Date _____

Program Director/Club Officer _____ Date _____

ENTRIES MUST BE POSTMARKED BY MARCH 5, 2010

2010 SKATE DALLAS PRACTICE ICE REQUEST FORM

Name _____ U.S. FIGURE SKATING # _____
Address _____
City _____ State _____ Zip _____ Telephone # _____
Parent E-Mail _____ Parent Cell Phone # _____
Coach's Name(s) _____ Coach's E-Mail _____
Arrival Time _____

Official practice ice sessions will begin on Sunday, April 25, 2010 (unless the number of entries necessitates that practice ice begins earlier). When all requests for official practice ice have been assigned, additional practice ice may be made available at registration, depending upon the competition schedule. Sessions will be sold on a first-come, first-served basis.

Reminder: Skaters must provide a second CD for use during official practice ice.

Please list all events and levels you have entered:

EVENT / LEVEL _____

NOTE: ONLY ONE SESSION OF EACH TYPE MAY BE PURCHASED PRIOR TO REGISTRATION. PLEASE DO NOT SEND MONEY FOR EXTRA SESSIONS.

All sessions will be twenty minutes,

ALL SESSIONS ARE \$12.00 EACH

Total Amount Due \$ _____

Official practice sessions are non-refundable.

Complete form and make check or money order made payable to: **Skate Dallas 2010**
Mail to: Chellie Bowden, Skate Dallas 2010, 2636 Stoneleigh Circle, Richardson, TX. 75080.
Questions: chelliebowden@sbcglobal.net

Metered mail is not accepted as proof of postmark. Postmark deadline March 5, 2010.

Please include e-mail address if you wish to receive notification of practice ice times prior to arrival in Dallas.

PRACTICE ICE SCHEDULE - OFFICIAL USE ONLY

Date Received: _____
Check #: _____ Name on Check: _____
Amount Paid: _____ Balance Owed: _____ Refund Due: _____

POSTMARK DEADLINE MARCH 5, 2010

**SKATE DALLAS 2010
PROGRAM ADVERTISING CONTRACT**

Advertising rates are based on camera-ready copy, which is black on white, the exact size and shape of the ad. Advertiser agrees to pay the cost of any additional type set, or other reproductions charges if camera-ready copy is not provided. All photographs must be black and white glossy prints (no negatives). Advertising agency commission must be paid by the advertiser. The deadline for all ads is March 5, 2010. Please complete this contract and return with check or money order payable to **Skate Dallas 2010** to: **Enxi Huang, 3825 Lowrey Way, Plano, TX 75025**. Electronic versions of photos or artwork may be sent to **enxic00@yahoo.com**

Name _____ Email _____

Address _____

City _____ State _____ Zip _____ Telephone _____

Size of Ad _____ Amt Enclosed \$ _____

RATES AND SPECIFICATIONS

Pre-Designed Personal Ad (choose from designs shown on the page)	\$20
Quarter Page	\$30
Half Page	\$50
Full Page	\$75
Inside Back Cover	\$125
Inside Front Cover	\$125
Outside Back Cover	\$150

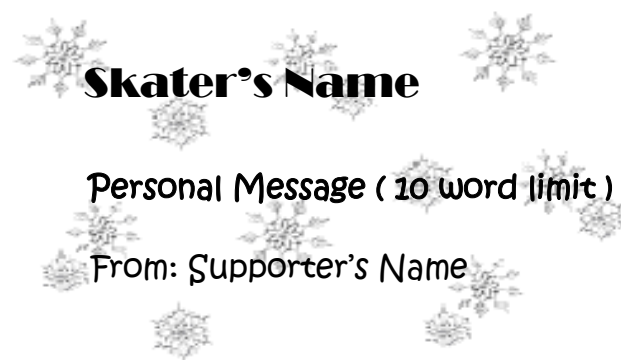
Please submit one form per ad ordered (additional copies may be printed of this form). Indicate the number of the ads you wish to use if you choose pre-designed personal Ad, print "To" and "From" names.

Advertisement # _____ "Skater's Name" _____

"From" Name(s) _____

Ad #1 (Personal Message. Sample: "Thank you to my coach – coach's name") Please print, 10 word limit

Ad #1



Skater's Name

Personal Message (10 word limit)

From: Supporter's Name

Ad #3



Skater's Name

We are so PROUD of you!

From: Supporter's Name

Ad #2

Have Fun

Skater's Name!

From: Supporter's Name



Ad #4

HAVE A GREAT SKATE!

Skater's Name

From: Supporter's Name

